

## Supportive Services from Nurses Love Their Young

Hi everyone,

I want to take a moment to share the supportive services we offer through **Nurses Love Their Young**. As a new nonprofit, I can offer you a **one-on-one session** to provide a safe space for you to share what's going on in your life.

You can book a **HIPAA-compliant, confidential session** with me **at no cost** through my **Grow Therapy** practice using the link below. While you may see a cash price listed, please don't let that discourage you—I will **adjust the fee to zero dollars for a one-time visit** since you are a nursing student.

🔗 **Book an appointment here:** [https://growtherapy.com/book-appointment?id=14619&utm\\_source=provider-sourced&utm\\_medium=booking-link&utm\\_campaign=provider-dashboard](https://growtherapy.com/book-appointment?id=14619&utm_source=provider-sourced&utm_medium=booking-link&utm_campaign=provider-dashboard)  
(You may need to copy and paste this link into your browser.)

Alternatively, you can visit **GrowTherapy.com** and search for me by name: **Helene Morel, PMHNP-BC**.

📌 **Important Note:** Grow Therapy requires **credit card information** upon booking. However, you will only be charged in the following situations:

- If you are **using health insurance**, and your plan requires a **copay, coinsurance, or deductible**.
- If you choose to **self-pay** and are not using insurance.

If you have **insurance**, please check if it's accepted for **future sessions**, as copays will be your responsibility.

I look forward to connecting with you and supporting you in any way I can! Please reach out if you have any questions. 💙

**With Gratitude,**

**Helene Morel, PMHNP-BC** Grow 🌱 Therapy

Creator | Nurses Love ❤️ Their Young

Mental Health Theory Professor & Clinical Instructor, CNI College School of Nursing

*"Today is the future I created yesterday."* — Louise Hay

✉ **Email:** [hm@nurseslovetheiryoung.org](mailto:hm@nurseslovetheiryoung.org)

🌐 **Website:** [nurseslovetheiryoung.org](https://nurseslovetheiryoung.org)

📷 **Instagram:** [@nurseslovetheiryoung](https://www.instagram.com/nurseslovetheiryoung)