

Celebrate Black History Month!

Every month should be used to take action and dismantle the structures within healthcare that prevent people from accessing equitable care. The Intersectional Nursing Committee aims to continue discussing the disparities within healthcare and gain more knowledge on how to improve nursing practice. February is not the only time we, as nurses, should be celebrating Black lives and working towards racial equity within the healthcare setting.

As Bob the drag queen said:

"it's also important that we share Black success, Black victory, and Black lives. Especially queer Black lives. Especially trans Black lives. This is an opportunity to get together and rejoice in all things that are beautiful, black, and queer."

Contact us:

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For our first webinar we thought it was the perfect opportunity to explore the intersectionality between our two main topics for this term: LGBTQIA2+ related care and Pregnancy related care. The webinar provided a unique conversation about pregnancy related care and the unique ways that nurses can provide gender affirming care to individuals, partners and families who are navigating this experience. We were so fortunate to have the passion and expertise of Meris BSN, RN, CEN, from Level Up RN, to discuss these topics and further educate nurses and nursing students. The webinar recording is below, in addition to a list of book recommendations to further educate one's self on LGBTQ+ and other aspects of inclusivity in healthcare,

Webinar Recording:

https://youtu.be/d_Am_SPn7BU

Additional Resources

- www.phsa.ca/transcarebc/ Documents/HealthProf/Gen der_Inclusive_Language_Cli nical.pdf
- @loveoverfearwellness
- education.vermont.gov/doc uments/edu-full-spectrumeducators-guide-toimplementing-lgbtq%2Binclusive-sex-ed.pdf
- We're Here Season 2
 Episode 4: Selma, Alabama
 (Hulu/HBO)
- @kaydenxofficial
- www.commonwealthfund.or g/publications/2018/sep/f ocus-reducing-racialdisparities-health-careconfronting-racism

Additional Recommended Resources

- Bodies and Barriers: Queer Activists on Health by Adrian Shanker
- The Remedy: Queer and Trans Voices on Health and Health Care
- by Zena Sharman
- Voices of Lgbtq+: A Conversation Starter for Understanding,
 Supporting, and Protecting Gay, Bi, Trans, and Queer People by
 Lynda Wolters
- Lesbian, Gay, Bisexual, and Transgender Healthcare: A Clinical Guide to Preventive, Primary, and Specialist Care by Kristen Eckstrand and Jesse Ehrenfeld
- LGBT Health by K. Bryant Smalley
- Black & Blue by John Hoberman
- Just Medicine: A Cure for Racial Inequality in American Healthcare by Dayna Bowen Matthew
- The Health Gap: The Challenge of an Unequal World by Michael Marmot
- Black Man in a White Coat by Damon Tweedy M.D.
- Killing the Black Body by Dorothy Roberts
- Medical Bondage: Race, Gender, and the Origins of American Gynecology by Deirdre Cooper Owens
- Medical Apartheid: The Dark History of Medical Experimentation on Black Americans from Colonial Times to the Present by Harriet A. Washington

She would also like to provide a link to "Mind the Gap: A Handbook of Clinical Signs in Black and Brown Skin" which is freely available online, and should be required reading for all healthcare professionals: https://www.blackandbrownskin.co.uk/mindthegap