



## Cards for Patients – Happy Spring!



For the month of March & April, CNSA is encouraging all chapters to partner with a local hospital to deliver cards to patients.

The students at each chapter can either make their cards and/or have pre-made cards to then write a few words of encouragement.

### Steps/Best Practice to Execute Project

- ☐ Have a CNSA student(s) oversee the project for your chapter.
- ☐ Partner with a local hospital. Work with their Volunteer Coordinator. If unknown, ask the Education Coordinator your school works with for scheduling clinical rotations (maybe work with your CNSA Academic Advisory to assist you with this).
- ☐ Identify the target population the cards will go to (e.g., pediatrics, adults, older adults, ICU, Med-Surge, etc.) to help with messaging.
- ☐ Be sure to get supplies to create cards and/or purchase cards.
- ☐ Schedule an activity time(s) for students to create cards and write messages.
- ☐ Make arrangements with the hospital's Volunteer Coordinator (or whoever the appropriate person is) to either have the students hand out the cards or the hospital volunteers may want to distribute them (find out what their preference is).
- ☐ Take photos and share on Instagram by tagging @cnsa official
- ☐ Feel free to download the available documents on the website and customize the flyer.



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### Sample Customized Flyer:



**happy Spring**



*Showing compassion and care to patients through the gift of written words .*

**Location:** Chan Bldg., Room 208

**Time:** 12:10 p.m. - 12:45 p.m.

*Bring your lunch and enjoy a (provided) yummy dessert.*

- **Cohort 6:** Tue., March 11th
- **Cohort 5:** Wed., March 12th
- **Cohort 3:** Thu., March 13th
- **Cohort 4:** Mon., March 17th

Join CNSA's statewide Compassion Initiative 2025 to create cards for patients at Sutter Hospital, Sacramento, celebrating the official start to Spring. All supplies will be provided (pre-made cards & supplies to create cards, your choice). Include a hand-written note, an inspirational quote, or message.

*"An encouraging word can last a lifetime." - David Geurin*