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## ***The Shift Report***

### ***May 2025***

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**CNSA 2025 ANNUAL  
CONVENTION**  
NOVEMBER 14 - 16

**SAVE THE DATE!**



**SAN DIEGO, CA**

**If you haven't attended a CNSA Convention yet, here is what you can expect:**

- Educational Sessions
- Hands-On Trainings
- Career Preparedness Opportunities
- Exhibit Hall and Networking Opportunities
- House of Delegates
- Leadership Opportunities
- Awards & Scholarships
- Fun & Prizes!

#### **Who can attend?**

All nursing students or students interested in pursuing their nursing education and their Faculty/Advisors.

## What if I can't attend in person?

We will have a virtual option for anyone who is not able to join in person.  
(Please note not all sessions will be available virtually.)

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## Congratulations to our California Members on their accomplishments at the NSNA 2025 Convention!

### Newly Elected to the NSNA Board:

**Shermaine Lambkin**

NSNA Director

**Lauren Tickner**

NSNA Imprint Editor and Breakthrough to Nursing Committee Chair

### Resolutions passed at the NSNA 2025 House of Delegates:

**Advocating to Improve Nursing Student Preparedness for the Reality of New Graduate Nursing** – San Diego State University, San Diego, CA

**In Support of Increased Awareness of the Benefits of Global Nursing Outreach for Nursing Students** – California State University, Bakersfield, CA, and University of Pittsburgh Nursing Student Association, Pittsburgh, PA





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### **Nursing 101: The Basics of Nursing School**

Join us for a Nursing 101 session on Friday, May 2nd at 5pm, where we'll dive into what to expect in nursing school, how to make the most of your clinicals, tips for developing effective study habits, and ways to make nursing school less stressful and more enjoyable. Come with questions, we're happy to answer all of them!

**Register Here!**



Join us on Wednesday, May 7th to discuss and share ideas on Chapter Leadership transitions. All Chapter Leaders are encouraged to attend.

**Register Here!**

**A Positive Perspective**

# The Power of Advocacy as a Student

Advocacy in nursing school can take many forms. We don't have to be graduates or experts to make an impact, and we can start as students. Advocacy shows up in the small things like advocating for patients in clinical, sharing an idea to make your school better, or encouraging a classmate who's struggling. And if you're ready to take it a step further, you can run for a board position in your school's chapter or a state position at the CNSA Convention this fall. You can also write a resolution to present at the conference if there's a cause you care about. There are so many ways to get involved, and it's honestly one of the best ways to find your voice and make this experience your own.

If you find yourself feeling passionate about an idea, a cause, or a change you want to see, I hope you lean into it. Protect that passion, nurture it, and let it guide you. Not just for yourself, but for the future of our profession and the students who will come after us. Nursing needs passionate voices more than ever, and every step you take toward advocacy makes a difference.

Your experience in nursing school is what you make of it. Whether you're helping one person or speaking to a room full of students, your voice matters. And the more you use it, the stronger and more confident you'll become!

- Katlin Echeverry, CNSA President

## Get Involved! Join A Committee!

Committees serve an important role to our association process and the Board of Directors. Please consider participating in the association process by volunteering to serve on a committee. Our community needs you! Here are the Committee that you can join:

- Bylaws & Governance Committee
- Chapter Connections & Member Engagement
- Community Health Committee
- Convention Planning Committee
- Finance Committee
- Image of Nursing & Breakthrough to Nursing Committee
- Legislative/Resolutions Committee
- Nominations & Elections Committee
- Philanthropy & Awards Committee

[Click Here to Join a Committee!](#)

### [Downloadable Resources](#)

Did you know that CNSA Members have access to

downloadable resources? Logging into your profile on the CNSA website will give you access to a variety of resources. You can now download:

**Gender Inclusive Clinical Terminology or  
Careers Pathway Worksheet**



[Click Here to Download!](#)



## Check Out the CNSA Job Board Connecting Talent with Opportunity!

To search jobs or post a job, [CLICK HERE!](#)



### Have you heard of Discord?

This is an app that allows CNSA members to talk, chat and stay connected. Join the community and download the app today!

[Join Here!](#)



### Get Connected and Join CNSA on Remind

Sign up for reminders via the Remind app. Get updates on upcoming events! [Text @cnsa2023 to 81010](#)

STAY CONNECTED

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Facebook: California Nursing Students' Association





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## Dates & Deadlines

**Nursing 101 - The Basics of Nursing School**  
**May 2**

**Council of Chapter Leaders**  
**May 7**

**Mental Health & Wellness Webinar**  
**May 17**

**CNSA 2025 Annual Convention**  
**November 14 - 16**

California Nursing Students Association | [Website](#)



California Nursing Students Association | 1721 Eastern Avenue Suite #19 | Sacramento , CA 95864 US

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