

The Shift Report June 2024



CNSA 2024 Convention November 22 - 24 Santa Clara, CA

Congratulations to Marbely Olivo from Stanbridge University, Riverside! Your logo design has been selected as the CNSA 2024 Convention Logo!

We hope you are making plans to attend the CNSA 2024 Annual Convention! Session highlights include:

- Keynote: Taofiki Gafar-Schaner & Joey Ferry with Frontier Innovations
- NCLEX Review
- EKG Review
- Pharmacology Review
- and more to be announced soon!

Watch for registration to open soon!

If you haven't attended a CNSA Convention yet, attendees can expect trainings, educational sessions, networking opportunities, and a lot of FUN!

Anesthesia Care Careers

For the month of June we would like to introduce you to two captivating and essential roles in the field of anesthesia/surgical care: PeriAnesthesia Nurses and Certified Registered Nurse Anesthetists (CRNAs).

PeriAnesthesia Nurses:

PeriAnesthesia Nurse, get to step into a world where their expertise and compassion are paramount in ensuring patients' safety and comfort during the crucial post-anesthesia recovery phase. At the core PeriAnesthesia Nurses are committed to providing personalized and attentive care to patients as they awaken from anesthesia and begin their recovery from surgery. They effectively assess, monitor, and respond to patients' changing needs. They are able to anticipate and address potential complications and ensure the safety and well-being of every patient under their care. They are instrumental in easing patients in their transition and alleviating any postoperative discomfort or anxiety.

The field offers a dynamic and fast-paced practice environment, where every day brings new challenges and opportunities for growth. From caring for patients recovering from routine surgeries to managing emergent situations requiring swift intervention, it is definitely an environment that keeps them on their toes. But not just that PeriAnesthesia Nurses are in a collaborative environment, where teamwork and communication are instrumental. They work closely with anesthesia providers, surgeons, and other healthcare professionals to coordinate care, share vital information, and facilitate smooth transitions between preoperative, intraoperative, and postoperative phases.

Above all, PeriAnesthesia Nurses have the privilege of making a meaningful difference in the lives of patients and their families during some of their most vulnerable moments.

Certified Registered Nurse Anesthetists (CRNAs):

CRNAs are advanced practice registered nurses with specialized training in anesthesia care. They are entrusted with the crucial task of administering anesthesia and managing patients' perioperative anesthesia needs. CRNAs get to enjoy a high level of autonomy and responsibility in their practice, with the authority to assess patients, develop anesthesia plans, administer anesthesia, and manage anesthesia-related complications—all while working collaboratively within a healthcare team. From bustling urban hospitals to remote rural clinics, CRNAs have the flexibility to practice in a variety of settings, each offering unique challenges and opportunities for growth. Like the fast-paced environment of the operating room or the intimacy of a smaller surgical center, the options are endless. They can freelance and have contracts to work at certain facilities at certain parts of the month, so there is an opportunity to not stay stagnant and work in different environments and see which environment suits them best.

Many CRNAs assume leadership roles within their departments, guiding and mentoring colleagues to deliver high-quality care. From ensuring their safety and comfort during anesthesia induction to managing their pain and recovery process, they have a direct and immediate impact on patients' surgical experiences and outcomes.

The field of anesthesia is dynamic and ever-evolving, offering endless opportunities for learning, professional development, and specialization in a variety of different procedures. Whether you're interested in mastering new anesthesia techniques, pursuing advanced certifications, or contributing to research and innovation, the journey as a CRNA is one of continuous growth and discovery. Not to mention that the average salary in California for CRNAs is \$237,200 per year! That's about \$19,000 per month!

Whether you're drawn to the nurturing role of a PeriAnesthesia Nurse or the advanced practice of a CRNA, both career paths offer unparalleled opportunities for growth, impact, and fulfillment in the field of anesthesia care. These careers offer a rewarding journey that combines the passion for patient

care with dedication to excellence. If these careers sound great to you, you should consider exploring the exciting world of PeriAnesthesia Nursing or pursue the path of a Certified Registered Nurse Anesthetist (CRNA).



Do you want to spotlight your school chapter on CNSA's Social Media? If so, please fill out the form below! CNSA would love to recognize our school chapters for doing exceptional things on their respective campus and community! If you have any questions, please email one of our Communications Chairs, Sixta at <u>sixta@cnsa.org</u>.

Complete Form Here!

Downloadable Resources

Did you know that CNSA Members have access to downloadable resources? Logging into your profile on the CNSA website will give you access to a variety of resources. You can now download: Gender Inclusive Clinical Terminology or Careers Pathway Worksheet



Click Here to Download!



Check Out the CNSA Job Board Connecting Talent with Opportunity!

To search jobs or post a job, CLICK HERE!



Have you heard of Discord?

This is an app that allows CNSA members to talk, chat and stay connected. Join the community and download the app today!

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Get Connected and Join CNSA on Remind Sign up for reminders via the Remind app. Get updates on upcoming events! Text @cnsa2023 to 81010



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Save the Date:

Resolution Submission Dates and Deadlines First Draft Due September 23 Final Draft Due October 21

> CNSA Annual Convention November 22 - 24

California Nursing Students Association | Website



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