



# *The Shift Report*

## *February 2023*



Is your Chapter a Constituent Chapter of NSNA/CNSA? In order to participate in the CNSA House of Delegates at the Annual Convention, you must meet the following requirements:

1. You **MUST** have at least 10 NSNA/CNSA Members by February 15th.
2. You **MUST** complete your Constituency form.

The Official Application for NSNA Constituency Status must be completed and submitted online annually prior to the NSNA Annual Convention.

For more information or to get assistance, please contact Sara Shippy at [sara@cnsa.org](mailto:sara@cnsa.org).

**More Information Here!**



**Save the Date for the 2023 CNSA Annual Convention!**  
**October 6 - 8**

We are making plans for the fall and hope that you will join us!  
More information coming soon!



In honor of Black History Month, we would like to highlight some nurses who have made outstanding contributions to the nursing profession.



### **Bessie Blount Griffin**

Bessie Blount Griffin studied nursing at the Community Kennedy Memorial Hospital in Newark. Blount invented the feeding tube during World War II, and taught amputee veterans to write with their teeth and their feet. She later became a forensic handwriting analyst.



### **Dr. Ernest J. Grant**

Dr. Ernest J. Grant has spent over 30 years in nursing. Grant has received international recognition for his work with burn care and fire safety. Dr. Grant currently serves as president of the American Nurses Association.

In 2002, President Bush awarded him the Nurse of the Year award for treating victims of the World Trade Center on 9/11. In 2013, Dr. Grant received the B.T. Fowler Lifetime Achievement Award from the North Carolina Fire and Life Safety Education Council which helps prevent fire and burn injuries within the state.



### **Estelle Massey Osbourne**

Osborne holds the distinction of being the first African American woman to earn a Masters Degree in Nursing. From that point on, her mission was to make sure that other Black nurses had better access to higher education. During the 1940s, her work significantly expanded the number of nursing schools accepting African American students and led to the U.S. Navy and Army lifting their race ban. In 1945, she joined the faculty at New York University, becoming the first Black member. As an instructor, she inspired students and fought for nurses' rights. Today, the Estelle Massey Osbourne scholarship helps support nurses who want to follow in her footsteps and earn their Master's Degree in Nursing.



### **Goldie D. Brangman**

Goldie D. Brangman was part of the emergency surgical team at Harlem Hospital that was responsible for a successful emergency heart surgery performed on Dr. Martin Luther King Jr. following an assassination attempt in 1958. Many who were present that day wanted to move Dr. King to a different hospital. It was finally decided that King could not survive the move and needed help immediately. Brangman was responsible for physically operating the breathing bag that kept Dr. King alive during surgery.

After this, Brangman went on to have an illustrious career, which included serving as President of the American Association of Nurse Anesthetists (AANA) from 1973-74. On October 2, 2017, she turned 100 years old while still volunteering for the American Red Cross and remaining an active member of AANA.



### **Mary Eliza Mahoney**

She was the first African-American to study and work as a professionally trained nurse in the United States. In 1879, Mahoney was the first African American to graduate from an American school of nursing. She was an early member of what would later become the American Nurses Association (ANA). In 1908, Mahoney co-founded the National Association of Colored Graduate Nurses (NACGN) with Adah B. Thoms. Mahoney was a prominent advocate for equality in nursing education, as well as a passionate supporter of women's suffrage.



### **2023 Pre-Licensure Lobby Day (Virtual)**

This event is for all CA Pre-Licensure nursing students to discuss legislation, regulation, and policy that directly impacts healthcare in the state of CA.

## Time

Apr 04, 10:00 AM – 12:00 PM

### About the Event

Welcome to ANA\C's Pre-Licensure Lobby Day! This event is **FREE & OPEN** to all CA pre-license nursing students and their education institutions where we discuss the importance of understanding policy, regulation, and legislation.

Learning to become a nursing advocate is essential for your newly chosen career! This highly sought-after virtual event will be instructed by ANA\C's Executive Director Dr. Marketa Houskova DNP, MAIA, BA, RN, and our licensed lobbyist, Roxanne Gould.

[Register Here!](#)

*Write a  
Resolution*

Make a difference in the nursing profession.

- Resolutions are essentially position papers that address pertinent issues which direct the priorities of the organization in which it was passed.
- These position papers represent matters of importance to CNSA constituents, members, chapters, nursing and/or health needs of the public.
- If adopted by the House of Delegates at the Annual Conventions of the National Student Nurses' Association (NSNA) and/or California Nursing Students' Association (CNSA), your resolution will become the basis for the policies and actions of the NSNA and/or the CNSA.
- This means that YOU can make a difference in the nursing profession!
- Your work can bring awareness, recognition, and/or advocacy to your topic!

If you are considering writing and submitting a Resolution this year, we want to help! Please reach out to Jon Calderon, Legislative and Resolution Committee Chair, at [jon@cnsa.org](mailto:jon@cnsa.org) for more information on how to get started.



COUNCIL OF SCHOOL  
LEADERS  
CNSA

We want to hear from you. Join us at the Council of School Leaders on **Wednesday, February 8th at 6pm**. All nursing student leaders are encouraged to attend. Share ideas, find support, and hear important information regarding your Chapters. Register below to join the discussion.

[Register Here!](#)

### Downloadable Resources

Did you know that CNSA Members have access to downloadable resources? Logging into your profile on the CNSA website will give you access to a variety of resources. You can now download:

**Gender Inclusive Clinical Terminology or  
Careers Pathway Worksheet**



[Click Here to Download!](#)



### Check Out the CNSA Job Board Connecting Talent with Opportunity!

To search jobs or post a job, [CLICK HERE!](#)



#### Have you heard of Discord?

This is an app that allows CNSA members to talk, chat and stay connected. Join the community and download the app today!

[Join Here!](#)



### Helping Nursing Students Through the Tough Times

Flo's Cookie Jar provides one-time emergency grants-in-aid to California prelicensure nursing students who face financial crises that may cause them to drop out of school.

Donate now and support nursing students!

[More Info Here!](#)

[Donate Here!](#)

STAY CONNECTED

*Follow CNSA on Social Media*

Instagram: @cnsaofficial  
Facebook: California Nursing Students' Association



## Get Your CNSA Apparel!



We are excited to announce that we have partnered with Purpose People to open our new Apparel Store! [CLICK HERE](#) and Order your CNSA Apparel Now!

Buy your CNSA Graduation Cords  
and Pins  
[CLICK HERE](#) to shop!



**Celebrate your Accomplishments! Order yours today!**

## Save the Date:

**Deadline for Constituent Chapters to have a minimum of  
10 NSNA Members  
February 15**

**Lobby Day  
April 4**

**NSNA Annual Convention - Nashville, TN  
April 12 - 16**

**CNSA Annual Convention  
October 6 - 8**

