

The Shift Report *February 2021*

Chapter News

**Do you have a local chapter for CNSA?
Now is the time to start your chapter.**

You will need:

- 10 members of NSNA,
- a faculty advisor
- and Bylaws

Here is the link for your 'Start a Chapter Request Form':

<https://form.jotform.co/nsnainc/nsna-start-a-chapter-request-form>

By starting your local chapter, you will begin your journey in developing networking skills, community outreach, and will become a valuable resource to your fellow students. For additional information and support email our Vice President at rachel.b@cnsa.org You can also visit our website for additional information and clarification. **Remember the deadline for your 10 NSNA members is February 10, 2021.**

More Information Here!



Are you interested in applying for Scholarships and Grants? The following Scholarships and Grants are available to nursing students:

F.A Davis Scholarships

3M™ Littmann® Stethoscope &
Marilyn Bagwell Leadership Development Grants

Deadlines are approaching so act now!

[More Information to Apply Here!](#)

Sign up to participate in our new

Mentorship Program

Are you a pre-nursing student interested in a nursing student mentor?
Are you a nursing student interested in mentoring a pre-nursing student?

We are looking for sign ups to be a mentor or a mentee!

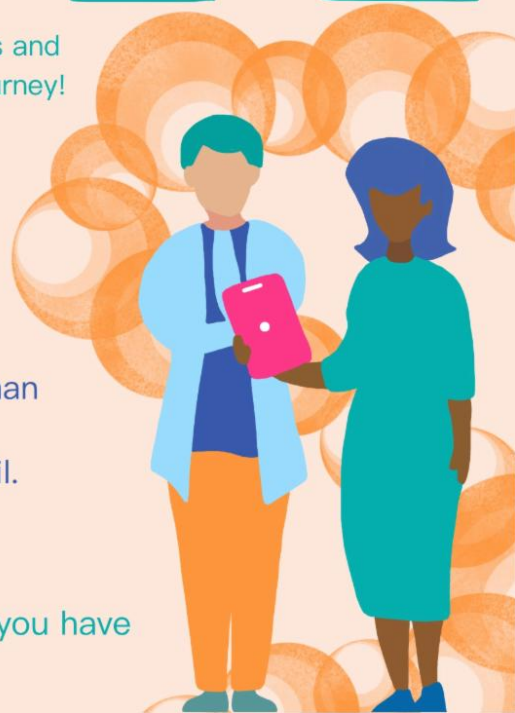
This program is designed to provide resources and support for those just starting their nursing journey!

- Ask questions
- Gain insight
- Be successful!

Please have form submitted by no later than March 27th.

Pairings will be made and released in April.

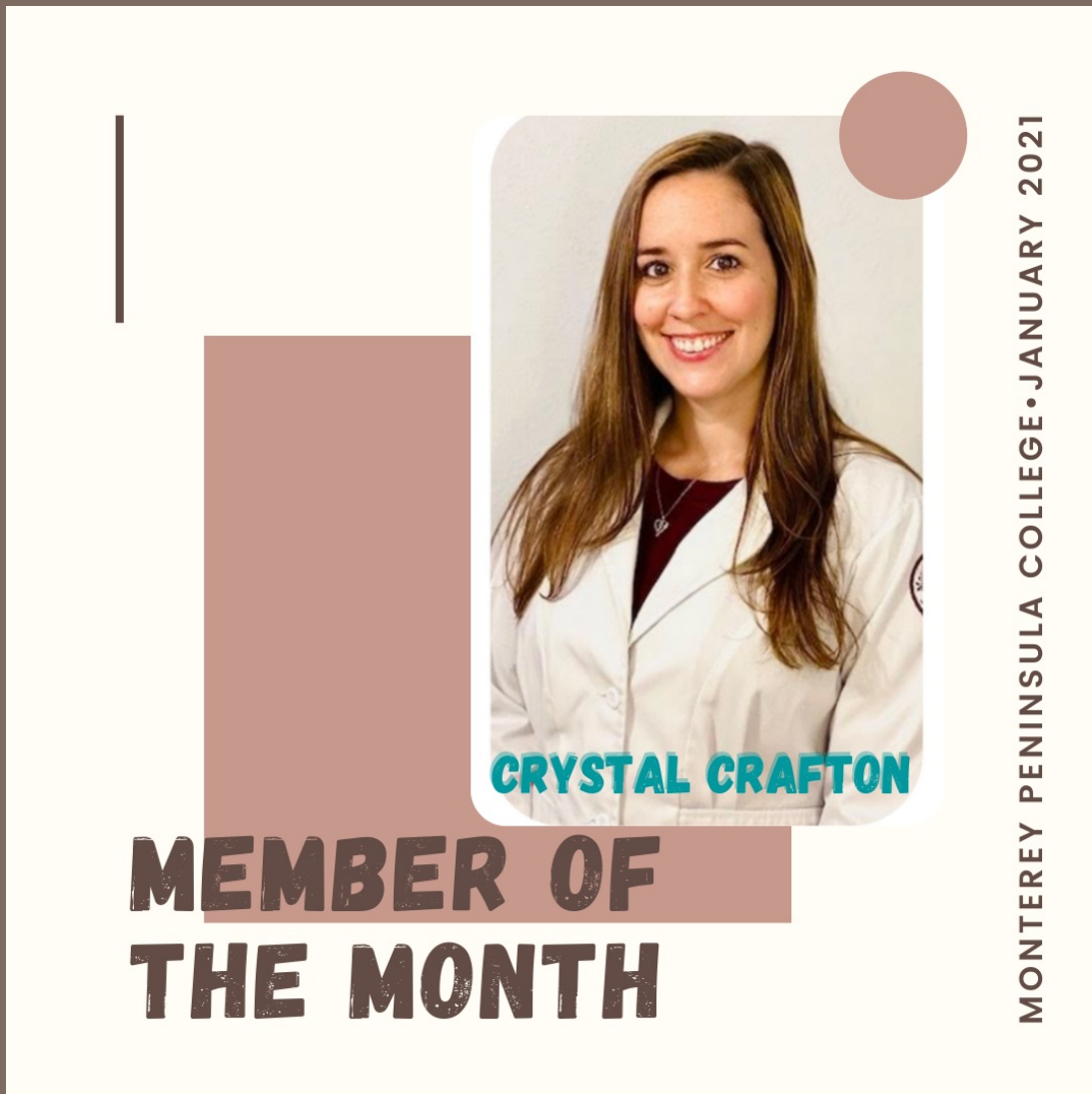
Please reach out to emily.n@cnsa.org if you have any questions.



[Apply Here!](#)

SOCIAL MEDIA

Did you know that you don't have to wait for the monthly *Shift Report* to hear updates from CNSA? Make sure to follow us on Social Media to keep up to date on information happening within CNSA. Our Instagram is @CNSAOfficial and our Facebook "California Nursing Students' Association (CNSA)".



**MEMBER OF
THE MONTH**

CRYSTAL CRAFTON

MONTEREY PENINSULA COLLEGE • JANUARY 2021

Meet Crystal Crafton, our very first Member of the Month. She was nominated by her peers for her outstanding connections with the community and drive to create a change.

Crystal is a leader, both in our nursing program at Monterey Peninsula College and in our community. On top of being a mother and running her own auto mechanic business, Crystal is an excellent nursing student and president of our nursing student association chapter. She has also founded and runs a charity in

her home town, Santa Cruz, called Free 2 Be a Kid where gently used clothes and toys are donated and redistributed to families in need. Crystal is a true leader, inspiring others around her to be the best that they can be, and doing so with a positive attitude, professional demeanor, and a giving heart.

Do you know someone who exhibits CNSA's core values of professionalism, mentorship, leadership, stewardship, advocacy & activism? Following a year of hardship and challenges, we want to recognize our members for their ability to adapt and overcome these challenges. As an organization, we see the need for unity and want to showcase these great individuals we get to call members. Please [Click Here](#) and fill out the form with their achievements and acts of service that you believe they need recognition.

Member of the month will be announced in the third week of each month. After being nominated, this person will be announced on all social media platforms as well as on the Shift Report in the following month. At this years convention we will compile all of the "Member of the Month's" and pick CNSA's first member of the year which will receive an award/gift.



Did you and your cohort just graduate or will graduate within the month? Let us celebrate you and your achievement! Please [Click Here](#) and fill out this form. We'll share your accomplishments with the rest of our members. If you have any questions, feel free to reach out to sevana@cnsa.org.

Upcoming Webinars
Register Now!



Hunger in San Bernardino County: Faces, Causes and Consequences

The first of a multipart series, in collaboration with Dr. Ang and the San Bernardino Department of Public Health, join CNSA **Friday, February 5th at 10am** and learn about hunger causes and consequences.

[Register Here!](#)

CNSA
CALIFORNIA NURSING STUDENTS' ASSOCIATION

A Mental Health Support Group and
Check-in Webinar.

Maintaining Emotional Wellness in Nursing School

Saturday, February 20 from 10-11am

Learn about good practices to
maintain emotional wellbeing and
self care while in nursing school

+ get an introduction to our new
mentorship program!

Find the link on
our website!



[Register Here!](#)

Get Your CNSA Apparel!



Graduation Cords: \$15/each

Pins: \$6/each

[CLICK HERE](#) to order!

We have opened an online store.

[CLICK HERE](#) to shop!



Celebrate your Accomplishments! Order yours today!

Save the Date:

Hunger in San Bernardino County: Faces, Causes and Consequences
February 5

NSNA Delegate/Membership Cut-Off Date
February 10

Maintaining Emotional Wellness in Nursing School
February 20

NSNA Annual Convention
April 5-10

CNSA 2021 Convention
October 7-10

California Nursing Students Association | [Website](#)

