

The Shift Report *December 2020*



Covid Holiday Toolkit



IN THIS TOOLKIT

WAYS TO STAY SAFE
WHERE TO GET TESTED
HOW TO CELEBRATE
SAFELY
2020 REFLECTION

Covid-19 Holiday Toolkit

After overcoming all the hurdles 2020 through us nursing students, here is our Covid-19 Holiday Toolkit to get through the final weeks!

[Get the Toolkit Here!](#)

2020 - Year of the Nurse and Midwife

To celebrate the World Health Organization honoring 2020 as “Year of the Nurse and Midwife”, we will be taking time to highlight a nurse each month who has made an impact on the world of nursing.

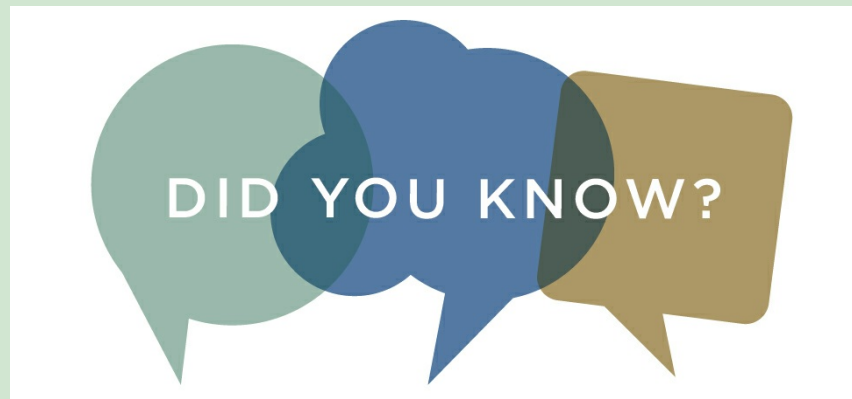


Lillian Wald

S	M	T	W	T	F	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

During the second wave of the COVID-19 pandemic, this December we would like to honor Nurse Lillian Wald, a pioneer of public health nursing in America. To learn more about Lillian Wald, [CLICK HERE](#).

Also, don't forget to check out the honoree for November, Clara Barton, a teacher, women's rights activist, nurse and founder of the American Red Cross.



Did you know that CNSA has lots of opportunities for you to get involved? You can join a committee and gain leadership experience even if you are not a board member. Contribute to the growth and future success of CNSA by actively participating in one of the following Committees:

- **Philanthropy and Awards**

You can get involved and support CNSA by providing ongoing recognition of chapters, members, and alumni. Committee members have the opportunity to seek out and apply for corporate philanthropy, charitable giving, grants, and/or other sources of fundraising.

- **Communications**

The Communications Committee is responsible for preparing all membership communication. Share ideas to maintain and update the CNSA social media and website with important information and current events.

- **Diversity and Breakthrough to Nursing**

The Diversity and Breakthrough to Nursing Committee provides educational tools on diversity topics and coordinates nursing outreach initiatives within our community to increase underrepresented populations' interest in the nursing profession. Our goals are to address barriers to specific resources that are experienced by diverse populations and to increase knowledge about cultural humility in nursing school chapters by organizing and

providing educational webinars, toolkits, and support systems.

- **Health Policy and Advocacy**

The Health Policy and Advocacy Committee engages members to be active in legislative issues concerning health policy in California. The committee will educate and inform members as well as advocate for legislative policies.

- **Convention**

The Convention Committee assists in the planning and coordinating of the Annual Convention, scheduled for October 2021, including sharing ideas about speakers, program and marketing.

- **Populations and Global Health**

Get involved and help the Populations and Global Health Committee achieve statewide initiatives to address health issues and community outreach projects across the state.

- **Webinar Production**

This Committee plans and holds monthly webinars through zoom about informative topics for anyone interested in the field of nursing.

- **Legislative/Resolutions**

Help fellow nursing students by providing information and resources to CNSA constituency for developing a resolution.

- **Chapter Engagement**

Designed to expand our membership to reflect the diversity of California Nursing Students. We want our organization to reach students from all chapters large and small because together we are stronger. If you are interested in participating and sharing ideas to improve not only chapter engagement, but CNSA as a whole please fill out an application and let's collaborate! [Apply here](#) or on the website.

- **Nursing Science/Evidence Based Practice**

CNSA is proud to announce the new Nursing Science Committee. The NSC will be focused on promoting science literacy among nursing students, encouraging discussions about current topics in nursing science, and promoting the image of nurses as scientists. They will be offering monthly journal clubs with guest speakers for all CNSA members, as well as providing opportunities to become a Certified Student Nurse Scientist.

If you are interested in joining the Nursing Science Committee, you can [apply here](#) or on the website under Committees. Applications are due on 1/14/2020 by midnight. Any questions, comments or ideas can be sent to Jessica at Jessica@CNSA.org.

[Click Here to Join a Committee](#)

Council of Chapter Presidents

The purpose of the Council of Chapter Presidents Committee is to continually deliver the necessary resources for chapter presidents to structure and sustain chapter functions that emphasize the value in the relationship between our members and the organization, cultivate leadership in our members, and ultimately promote the association. Every chapter president is automatically a member of the Council during the term of their presidency.

If you are the President of your chapter, please take a moment to fill out the link below.

[Chapter Presidents Click Here!](#)

Upcoming Webinars

Register Now!

The CNSA Presents

5 Health Tips to Kick-Start 2021

+ a 30 Minute Yoga
Session

Join the CNSA for our webinar on
Mon 01/11 from 10AM-11AM

Grab a notepad, clear
some space, and join the
zoom link on our
website www.cnsa.org

Email lorna@cnsa.org for
any questions.

Hope to see you
there!



[Register Here!](#)

Start a Chapter

Hear from NSNA speakers Cathy Ramos (Membership Staff Specialist) and Kenya Williams (Executive Deputy Director) as they share information and insights for starting a chapter including:

- How to start a local chapter at your school
- How to gain CNSA status for your nursing club
- How to renew your chapter and stay active

Join us on **Thursday, January 14 at 11am** (Pacific). We hope to see you there!

[Register Here!](#)



We wish you a Happy Holidays and a Wonderful New Year!

As a friendly reminder, the CNSA office will be closed from December 24 - January 3.

Get Your CNSA Apparel!



Graduation Cords: \$15/each

Pins: \$6/each

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We have opened an online store.

[CLICK HERE](#) to shop!



Celebrate your Accomplishments! Order yours today!

Save the Date:

5 Health Tips to Kick Start 2021 Webinar

January 11

Chapter Engagement Webinar

January 14

NSNA Annual Convention

April 5-10

CNSA 2021 Convention

October 7-10

