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## ***The Shift Report***

### ***April 2025***

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Will you be attending the NSNA Convention in April? If so, we want to meet you! CNSA will be holding a CNSA Caucus Room to engage with all of our California Members on **Thursday, April 10th from 4pm - 6pm!** Make sure to stop by and grab your **CALIFORNIA RIBBON!** We can't wait to see you there!

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**COUNCIL OF SCHOOL LEADERS**  
CNSA

Join us for the **Chapter of School Leaders** on **Friday, April 4th at 4pm** to engage with members across the state and share ideas with student nursing leaders. All school chapter leaders are encouraged to attend.

[Register Here!](#)

**The CNSA Compassion Initiative 2025** is an opportunity for each CNSA chapter across the state to participate in statewide initiatives benefiting their local community.

**Purpose:** To share compassion, hope, and optimism.

**Project #1:** Cards for Patients - Happy Spring!

[More Information Here!](#)





### **April's Challenge of the Month**

"The Policy Awareness Challenge – Read about one nursing policy issue and discuss it with a friend or in class, and tag us on Instagram to share the article you discussed!"

### **A Positive Perspective: Embracing Growth Through Challenges**

Nursing school can be filled with challenges, long nights of studying, tough exams, and clinical days that test our confidence. Each challenge you encounter is an opportunity for growth. I remember a particularly difficult clinical shift when everything felt overwhelming. I doubted myself, questioning whether I had what it takes to be a nurse. I took a moment to breathe and find something positive to focus on, and I leaned into it. I asked more questions, sought feedback, and reminded myself that struggling didn't mean I was failing; it meant I was learning. By the end of the shift, I walked away with a positive mindset, not because everything had gone perfectly but because I had proven to myself that I could adapt, improve, and continue moving forward.

Every challenge we face in nursing school, whether academic, emotional, or professional, can be an opportunity to build resilience and grow. With that, we become more capable and compassionate nurses. The moments that test us the most are the ones that shape us into the future caregivers and leaders we are meant to be.

When things feel tough, take a moment for yourself, breathe, and remember that you are growing and learning and on the path to becoming an incredible nurse.

## **Get Involved! Join A Committee!**

Committees serve an important role to our association process and the Board of Directors. Please consider participating in the association process by volunteering to serve on a committee. Our community needs you! Here are the Committee that you can join:

- Bylaws & Governance Committee
- Chapter Connections & Member Engagement
- Community Health Committee
- Convention Planning Committee

- Finance Committee
- Image of Nursing & Breakthrough to Nursing Committee
- Legislative/Resolutions Committee
- Nominations & Elections Committee
- Philanthropy & Awards Committee

[Click Here to Join a Committee!](#)

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## Scholarship Opportunities

The CNSA website has a page dedicated to supporting our Members with available resources. These resources are updated periodically in an effort to support our Members.

Sanford Health is awarding multiple \$1000 Scholarships to Nursing Students.

Requirements to apply:

- Students must be enrolled in a nursing program pursuing either an associates (ADN) or bachelor's degree (BSN).
- Resume
- Unofficial Transcript
- Personal Statement
- Optional: Letter of Recommendation

Applications due April 18th

For questions or assistance applying, contact Bryan Wheeler at [Byran.Wheeler@sanfordhealth.org](mailto:Byran.Wheeler@sanfordhealth.org)

[More Information Here!](#)

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## Downloadable Resources

Did you know that CNSA Members have access to downloadable resources? Logging into your profile on the CNSA website will give you access to a variety of resources. You can now download:

**[Gender Inclusive Clinical Terminology or Careers Pathway Worksheet](#)**



[Click Here to Download!](#)



**Check Out the CNSA Job Board  
Connecting Talent with Opportunity!**

To search jobs or post a job, [CLICK HERE!](#)





### Have you heard of Discord?

This is an app that allows CNSA members to talk, chat and stay connected. Join the community and download the app today!

[Join Here!](#)



### Get Connected and Join CNSA on Remind

Sign up for reminders via the Remind app. Get updates on upcoming events! [Text @cnsa2023 to 81010](#)



## Get Your CNSA Apparel!



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and Pins

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have partnered with Purpose People  
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## Dates & Deadlines

**Council of School Leaders  
April 4**

**NSNA Annual Convention  
April 9 - 13**

**NSNA Constituency Application Deadline  
(if not attending the Convention)  
April 25**

**Mental Health & Wellness Webinar  
April 26**

**Mental Health & Wellness Webinar  
May 17**

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California Nursing Students Association | [Website](#)



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