



Range of Motion

California Nursing Student's Association

Spotlight on the Executive Board

Jeannette Bowers, CSU-Fresno – CNSA President

Hello to all fellow nursing students in California. I would like to take this opportunity to express my appreciation and gratitude for your support in electing me President of CNSA. I am very excited to work with the wonderful board that you have selected. We are all committed to being available to you for questions and comments.

I would like to be your advocate. We will share our ideas, dreams and goals. I would like to see all Schools of Nursing involved in CNSA. In order to build our programs we all need to work together to increase the public's awareness of nursing as a profession — not a job, but a dynamic, exiting, rewarding career. We need to promote nursing to each other as well as our communities. We need to support and strengthen each other and our communities.

My goal is to provide that avenue of communication and support throughout the state with each and every chapter or potential chapter. You have selected this board, so please contact us with your concerns, your joys, your ideas, your successes, and your failures. Together we can excel. Here's to a great year for all of us!

Nailah Omawahleh, CSU-Fresno - COCR Co-Chair North

My name is Nailah Omawahleh (pronounced nah-E-lah oh-ma-WAH-lay). My position is one that allows me to work as liaison between not only the individual northern California school chapters and the Executive board but also between the north and south Chapters. I believe that all of CNSA will benefit from north and South communication so that California nursing students will be seen as uniform and consistent.

Josette Smith, Riverside Community—COCR Co-Chair South

I want to stress the importance of having a COCR representative at all of the meetings. We as nursing students can make changes but only if we step up.

Resources

Website resources: CNSA: www.cnsa.org (Check out our updated website for info!)

NSNA: www.nsna.org

Free NSNA Membership Video: NSNA: The Sky's the Limit

— register for *Project in Touch*

Free NSNA Breakthrough to Nursing Video: Nursing-The Ultimate Adventure

— register your BTN representative

Calendar

National Student Nurse's Day—May 8 every year.

Florence Nightingale's birthday—May 12

COCR Board Meetings:

Saturday, August 11 9 AM—6 PM @ Pasadena City College, Pasadena

Saturday, January 12 9 AM—6 PM @ CSU-Fresno, Fresno

Executive Board Meeting: Saturday, October 13 @ CNSA Business Office, Los Angeles

NSNA Mid-Year Conference: November 1-4, 2001 Reno, NV

CNSA Convention: February 15-17, 2002 Sacramento, CA

NSNA Convention, 2002—50th Anniversary—April 3-7, 2002—Philadelphia, PA

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Benefits - CNSA Membership

Meet other Nursing Students!

Range of Motion Newsletter

Imprint Magazine

CNSA Scholarships

NSNA Scholarships

Leadership experience

Service Project experience

Fundraising experiences

HAVE FUN!!!

Student discounts on:

Convention registrations

NCLEX reviews

Nursing Journals

Membership in professional
nursing organizations

Nurse's Protection Group—
malpractice insurance.

Kinko's Copy Centers

**CNSA 2001-2002
EXECUTIVE BOARD**

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*Feel free to email your
Executive Board and Co-Chairs
to obtain any needed information
for your chapter.

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Michael Cavette, Administrative Assistant

Reader's Forum

Who are California Nursing Students?

Schools of Nursing in California: more than 100
CNSA Members: more than 1800
CNSA Chapters (have 10 or more CNSA members in each chapter): 43
Delegates attending 2001 CNSA Convention: 76
What nursing schools are located near your school? Do they have CNSA chapters?
A board member will be contacting your chapter. Please respond to their
communications and use them as a liaison.

Let's Communicate!!!

If you have questions or concerns or just want to voice your opinion -
Who to contact? Nursing Issues? Political Issues?
Email: Sue Gibson at big1green@aol.com so we can discuss this in the newsletter.
This newsletter will also be posted on the website.
Deadline for next newsletter is Friday, August 10.

Chapter Concerns—Call for COCR Reps

Council of Chapter Representatives—What is it?

The Council of Chapter Representatives is made up of a representative from each
CNSA school chapter. The representative from your school acts as a liaison between
your chapter and CNSA. By attending the CNSA COCR meetings, this representative
will share what your chapter is doing and will learn what other chapters are doing.
S/he will get lots of ideas about how to make your chapter more interesting and
successful. Come with ideas of organizations to contact as sponsors and come with
fundraising ideas.

What to do: elect or appoint your chapter COCR representative. Call or email the
name and address of your chapter representative to the CNSA business office. The
rep. will need to attend the following 3 meetings: Saturday, August 11, 2001 at
Pasadena City College from 9am-6pm; January 12, 2002 at CSU-Fresno from 9am-
6pm; and the CNSA Convention, February 15-17, 2002 at Sacramento. Directions
and information will be mailed to your chapter.

Financial Help

Summer Job: if you're interested in going to summer camp in Saratoga or Santa Rosa
for two-weeks as a nursing student assistant, contact Liz Dietz at (408) 924-3172.
Room/board and honorarium. Bring yourself and/or your children!

Helping to Change our World

CNSA members demonstrated excellence and their commitment to the enhancement of
nursing at this year's convention in TN. Faced with several difficult challenges,
individual CNSA members like Holly Shannon and Sally Robins of Monterey Pen.
Col. overcame the hurdles and made a difference through the resolution process.... In
the next few weeks both the CNSA and NSNA drafts of the resolutions will be placed
on our website. Please visit . I encourage anyone thinking about writing a resolution
this year to do so. Email me for assistance at jbeadle@csufresno.edu—John Beadle

CNSA ANNUAL CONVENTION HIGHLIGHTS
Partnership in Caring for Our Community
February 16-18, 2001 — Mission Inn, Riverside

2001-2002 ELECTED EXECUTIVE BOARD—Congratulations to all New Executive Board Members!
BY-LAW CHANGES: Creation of Website Director position to Executive Board, VP will alternate to NSNA convention.

RESOLUTIONS ADOPTED

In support of Increasing Education and Awareness Regarding the Increasing Diabetes Type 2 Epidemic
 Increase Resources for Nursing Recruitment and Education

VIPs

Elissa Brown, Board of Directors, ANA/C
 Dr. Liz Dietz, President, ANA/C
 Wilma LaCava, Friends of CNSA—Platinum Member
 Dr. Lorraine Freitas, San Diego State University
 JoAnne Powell, President, Golden State Nursing
 Foundation, Honorary Member of CNSA
 Dr. Roberta Romeo, ANA/C liaison to CNSA
 Stephanie Ruh, MS,RN, Immediate Past President,
 Assn. Of CA Nurse Leaders
 Deborah Smith, Honorary Member of CNSA, Honorary
 Member of NSNA
 Linda Stevens, Dean of Health Professions, Science and
 Mathematics, Golden West College

Lynn Whalley, MS, RN, Past Pres., Assn. Of CA Nurse Leaders
 Tricia Hunter, Executive Director, ANA/C

SPEAKERS

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|---------------------------------|---------------------------------|
| Howard Benson, KAPLAN | NCLEX Strategy Session |
| Carol A. Bradley, MS, RN | Forum on Medical Errors |
| Katie Bray, MBA, RN | Finding the Employer of Choice |
| Elizabeth O. Dietz, EdD, RN, CS | Red Cross Nursing |
| Maggie Gerk, MS, RN | Substitute for Oncology Nursing |
| Brenda Hellerud, RN, COHN | Occupational Health Nursing |
| Stephanie Ruh, MS, RN | Critical Thinking |
| Linda Stevens, MSN, RN | Keynote Address |
| Lynn Whalley, MS, RN | Critical Thinking |

AWARDS AND SCHOLARSHIPS PRESENTED

| | |
|---------------------------------------|--|
| CNSA Foundation Scholarship | Sue Gibson, Pasadena City College |
| BTN Scholarship | Eric O’Connell, Golden West College |
| ACNL Scholarship | Jerald Cook, Point Loma College |
| Lenihan-Ruh Scholarship | Ann Taylor, CSU-San Diego |
| ANA/CA Scholarship | Rachelle Bauman, Point Loma College |
| Community Health Project Award | Olympia Resol, Pasadena City College |
| Outstanding Newsletter Award | Nurses Notes, El Camino College |
| Multi-Chapter Community Project Award | CSU-San Diego and Grossmont College |
| BTN Nursing Project Award | Golden West College |
| CNSA Outstanding Member | Sally Robins, Monterey Peninsula College |
| Jo Anne Powell Leadership Award | Kristi Huffman, CSU-San Diego |
| Faculty of the Year Award | Wilma La Cava, Riverside Community |

*Money raised for next year’s scholarships by Auction and Challenge: over \$2,000!

NURSING OLYMPICS WINNERS: Pasadena City College and CSU-Fresno Team

SPONSORS

American Medical Systems, Inc.—Los Angeles, ANA/CA, Assn. Of CA Nurse Leaders, CA Assn. Of Nurse Anesthetists,
 Golden West College, Good Samaritan Hospital—Los Angeles, KAPLAN, Riverside Community College, San Diego State
 University, Sutter Health—Sacramento, University of Southern California Dept. of Nursing.

EXHIBITORS

Alta Bates Medical Center, American Journal of Nursing, American Nurses Assn./CA, Army ROTC, Assn. Of CA Nurse
 Leaders, CA Assn. Of Nurse Anesthetists, CSU-San Bernardino, Cedars-Sinai Health Systems, Children’s Hospital-LA,
 CINAHL, Cottage Health System, Department of Corrections, Downey Regional Medical Center, Good Samaritan Hospital,
 Harcourt Health Sciences, Health Professions Education Foundation, Kaiser Permanente, KAPLAN, Kaweah Delta Health
 Care District, Kern Medical Center, LA County Dept. of Health, Mercy Healthcare Sacramento, NorthBay Health System,
 Northridge Hospital Medical Center, NurseWeek Publishing, ORNCC, Pomona Valley Hospital Medical Center, Riverside
 Community Hospital, Memorial Health System/Saddleback Memorial Medical Center, SCRUBS, St. Bernadine Medical
 Center, Saint John’s Health Center, St. Joseph Health System, Sharp Healthcare, Sutter Health, Tenet Career Center, UCLA
 Healthcare, UCSF Medical Center, University of San Diego, US ANC Southern CA Health Care recruiting team, USC
 University/Norris Cancer Center, USC.



A special thanks go to Caresse Armosino—Convention Director, Trustees, Jo Anne Powell—Parliamentarian and Auctioneer,
 the entire outgoing Executive Board, the CNSA Staff and all those who donated items for Auction and raffles.

California Nursing Students' Association
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What's the pulse ...



...of California?

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|  | <p>California Highlights of the NSNA ANNUAL CONVENTION "Tuning In To Professionalism" April 4-8, 2001 — Opryland Hotel, Nashville, TN</p> |  |
| <p>CALIFORNIA RESOLUTIONS SUBMITTED to NSNA: Increasing Education and Awareness of the Increasing Diabetes Type 2 Epidemic—Passed! In support of implementing pain assessment as the 5th Vital Sign—Passed!</p> | | |
| <p>SCHOLARSHIPS RECEIVED: <u>Breakthrough to Nursing Scholarships</u> Jerald Lee Cook—Point Loma Nazarene University, San Diego Alejandro Horn—Samuel Merritt College, Oakland Christine Huffner—Samuel Merritt College, Oakland Eric O'Connell—Golden West College, Huntington Beach <u>Banta Publications-Greenfield</u>—Molly Cook—Point Loma Nazarene University, San Diego <u>Lippincott/AJN</u> - Rachelle Bowman—Point Loma University, San Diego, Michael Roe—Samuel Merritt College, Oakland Cleo Doster Memorial—Anne Nishinaga—CSU—Long Beach, Long Beach</p> | | |
| <p>PROJECT AWARDS: School Image of Nursing Project—Golden West College Honorable Mention: Most creative school BTN project—Golden West College</p> | | |
| <p>MEMBERSHIP AWARDS: <u>Super Project-in-Touch Recruiters:</u> 60-69 new members—Lorena Gatchalian—San Diego State University 70-79 new members—Kristiana Huffman—San Diego State University 80-89 new members—Matt Pimental—CSU-Fresno Grand Prize for most pre-nursing students in Group V.—California Nursing Student's Association! Platinum Circle for 200+ members per chapter—San Diego State University Gold Circle for 100-199 members per chapter— CSU- Fresno, CSU-Long Beach, Golden West College, LA Valley College Silver Circle for 50-99 members per chapter— Azusa-Pacific, CSU-Sacramento, Cypress College, LA Southwest College, Pasadena City College, Riverside Community College, San Francisco State University.</p> | | |
| <p>THANKS TO TOBY RICHARDS—SDSU, FOR SERVING AS VICE-PRESIDENT, NSNA FOR THE 2000-2001 YEAR. Further convention highlights will be published in <i>Imprint</i>. Resolutions will be on www.CNSA.org (our website).</p> | | |
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