

RES05 – G

TOPIC: **IN SUPPORT OF EDUCATION AND AWARENESS OF THE
INCREASING INCIDENCE OF CHILDHOOD OBESITY**

SUBMITTED BY: **The School of Nursing at the University of San Francisco**

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1 **WHEREAS,** in 1998, 2001, and 2002, the National Student Nurses’ Association House
2 of Delegates voted to support education and awareness regarding the
3 national epidemic of increased obesity in children and adolescents; and
4 **WHEREAS,** recent studies have predicted that 15 percent of children living in the
5 United States are in danger of becoming overweight, and an additional 15
6 percent are overweight (Fowler-Brown & Kahwati, 2004); and
7 **WHEREAS,** the rate of obesity in children has tripled in the past thirty years in children
8 aged six to eleven and rates have doubled for those aged two to five and
9 twelve to nineteen (CNN, 2004); and
10 **WHEREAS,** the Bogalusa Heart Study found that 60% of obese children ages five to
11 ten experience one risk factor for cardiovascular disease and another 20%
12 experience two or more risk factors (Deckelbaum & Williams, 2001); and
13 **WHEREAS,** early intervention of health-promotion programs aimed at reducing obesity
14 risk in children through increased physical activity can have lifelong
15 effects for improving health (Covington et al., 2001); and therefore be it,
16 **RESOLVED,** that California Nursing Student Association (CNSA) encourage the
17 importance of early detection and education regarding childhood obesity
18 in the pediatric nursing curricula; and be it further

19 **RESOLVED,** that CNSA chapters seek opportunities to promote education in
20 elementary schools, after school programs and community centers about
21 the significance of childhood obesity; and be it further
22 **RESOLVED,** that CNSA publish articles in *Range of Motion* regarding possible
23 interventions to decrease the incidence of childhood obesity; and be it
24 further
25 **RESOLVED,** that copies of this resolution be sent to the following: American Nurse
26 Association, American Association of Colleges of Nursing, American
27 Organization for Associate Degree Nursing, National League for Nursing,
28 American Heart Association, National Heart, Lung and Blood Institute,
29 California Association of Colleges of Nursing, Association of California
30 Nurse Leaders, and any others deemed appropriate by the CNSA Board of
31 Directors.